

TESTIMONIAL



James Kirkendoll

Tennessee Titans - Wide Receiver #19

Deborah Dubree is a life-changer.

What she taught me is legit!!

I'm going to use it for the rest of my life. Hopefully more people realize the *mental strength conditioning is just as important as the physical side.*

I'm living proof that it works.

The **ClearEDGE** Method *helped relax me, calm me down and stay at an even keel* when answering questions during team interviews.

My mind was clearer and not distracted by the little things.

Meeting with the NFL team's GM or head coach can make you nervous when you know they are making a decision to invest a lot of money in you.

2011 PRO DAY RESULTS

Broad jump of 11 feet was

THE THIRD BEST OF ALL PLAYERS ACROSS THE COUNTRY THIS YEAR

- ❖ **Pro Day** was one of the *biggest days of my life*. I saw other guys sweating and could see they were nervous. I definitely felt like I had a **Secret Weapon** and an advantage over everybody else. I had all of that under control and could just let it all loose.
- ❖ **I surprised a lot of people on Pro Day**. I came out of nowhere and ran the **40 at a 4.32**. There were a lot of guys high up the board and I came out of nowhere to run a better time and tested better because they were hyped up and I was *calm* and *confident* in myself and my skills.
- ❖ **As far as taking the Wonderlic**, it's not a test you do every day. The heart-breathing technique *I learn helped me be more confident. It's all about confidence.*