

TESTIMONIAL



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The biggest thing Deborah taught me was How to forget my misses!
Every kicker is going to miss. It's how you deal with your misses that makes you a great kicker.

When a team **tried to "Ice" me** during a **game winning kick**, instead of getting all jittery ... it **gave me more time to visualize more kicks**. With **4-seconds left** I made that **game winning kick!**

My **Trigger Statement™** is **"I AM THE BEST"**
I say it in my head, so when I tell myself during a game that, "I am the best," I can feel myself **kicking that perfect kick.**

THE CLEAREDGE DIFFERENCE

Deborah has helped me get into a **Mental ZONE**.
I get to where **I'm so into the kick, I block everything else out.**

- ❖ Coach Zauner told me the one thing that stops a lot of pro kickers is their mind. **Since I started working with Deborah I've gotten so much better.**
- ❖ I want to say **"thank you" Deborah**. Like others I used to wonder how much **mental strength conditioning** could really help. But it has definitely **helped my game 110%**.