

TESTIMONIAL

CLEAR EDGE

Mental Discipline for the ELITE Athlete

**I am aware of my emotions much quicker,
so I can control them even during the
pressure of a tournament.
That's huge!**

I'm here to win! My scores are **a lot more consistent**. It's night and day from my scores before. It had a lot to do with the **pressure that I'm able to control now**.

Having my **Trigger Statement™** of "**I will**" gives me a lot more conviction when I hit shots. I challenge myself now to do more. Deborah taught me techniques on how to control any situation on the course, rather than letting the situation control me.



Marcus Synegal
South Mountain Community College
2010 NJCAA Div. II National Champions

THE CLEAR EDGE DIFFERENCE

**I no longer let one poor shot
let the rest of the round slip away from me.**

**The Recovery Routine™
helps me find my fire and my awareness fast,
I can do what I need to do to make my next shot great.**

- Deborah taught me how to **E-magine myself on any course**, any hole and under any conditions ... **hitting my perfect shot!**
- When Deborah was first introduced to me, I was concerned about how she could relate to me as a golfer since she doesn't golf. My doubts quickly went away. **I trusted what she said, I've tried it and it worked!**
- When we moved from meeting on the course to **meeting over the phone**, **I was amazed at the progress I continued to make in my game.**